

NSFSC Summer Skate '19

June 24, 2019 - August 23, 2019

Non-home club members and guest skaters welcome!

Summer Ice Contract Submit this form May 15 - June 1

*****North Star FSC will be closed June 28 – July 7*****

IMPORTANT:

- Coach's signature required as verification of levels/sessions.
- NSFSC is not responsible for incorrect forms.
- Elite training discount listed on last page of the contract.
- 4 Skater minimum needed to hold all classes including small group training.
- On and off ice class descriptions and instructors to follow at a later date.
- Each session is \$1 more after June 1.

Rink C Office Hours

Monday: 8:45 am - 6:00 pm

Tuesday: 7:45 am - 4:00 pm

Wednesday: 7:45 am - 7:00 pm

Thursday: 7:45 am - 4:00 pm

Friday: 7:45 am - 12:00 pm

15 Bridle Lane Westborough, MA 01581

(508)366-1562

www.northstarfsc.com

**Updated 5/9/19*

NSFSC SUMMER SKATE 2019

CODE	REQUIREMENT(S)
A	Passed JUVENILE FS
B	Passed Pre-Preliminary FS AND compete Pre-Preliminary WB &/or Pre-Juvenile Excel
B*	Skaters MUST have passed Preliminary Moves in the Field and Freeskate 6
C	BRONZE/SILVER/GOLD ANY SKATER who has not passed preliminary moves and Freeskate 6
S	Session is open to members who have a star ice membership.
#	1-2 HOCKEY Skills Skaters allowed (lesson only) during most sessions. However, sessions coded (#) may have more than 1-2 HOCKEY Skills Skaters (lesson only) on ice.
***	Group Classes may be held on these sessions
+	All skaters must contract minimum 4 sessions per week (does NOT include moves or boot camp)
!	One day a week skater (B5-FS6) allowed
MOVES	MOVES: LEVELS Passed Preliminary & up unless otherwise noted (Lower Level may be allowed at discretion of Skating Director)
GROUP CLASS REQUIREMENTS	
LEVELS	LEVELS OF GROUP CLASSES (INCLUDES <u>BOOT CAMP</u> LEVELS)
BRONZE	BASIC 3, 4, 5
SILVER	BASIC 5, 6, PRE FREESKATE, FS 1
GOLD	FREESTYLE 1 - 6
PLATINUM	FREESTYLE 1-6 and passed pre-preliminary moves
SMALL GROUP TRAINING	ALL LEVELS (SGT)

On and off ice class descriptions and instructors to follow at a later date. 4 skater minimum needed to hold all classes including small group training.

NSFSC SUMMER 2019 (June 24 - August 23)

Skater's Name: _____ Level: **A B B* C S**

Each Session \$1 more after June 1 to contract. Walk on price \$3 more than listed price. *Updated 5/9/19

***See separate page for "C" skater package**

Monday & Wednesday Ice Schedule		Monday (circle)				Wednesday (circle)				Cost		#		Total
9:40 - 10:00	Moves***	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$7	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
9:40 - 10:00	Boot Camp C	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$10	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
10:00 - 10:50	Freestyle HOME CLUB A B	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$16	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
11:00 - 11:50	Open A B B*	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$16	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
11:30 - 12:20	Open <u>Rink C</u> CS***	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$16	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
12:00 - 12:50	Open A B B*	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$16	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
12:20 - 12:50	Power <u>Rink C</u>	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$10	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
12:50 - 1:40	Small Group Training A B B* / C	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$25	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
1:50 - 2:40	Open A B B* S	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$16	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
2:50 - 3:40	Open A B B* C ***	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$16	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
3:50 - 4:40	Freestyle A B B* C	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$16	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
4:40 - 5:00	Boot Camp	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$10	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
4:40 - 5:00	Moves <u>Rink C</u>	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$7	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					
5:00 - 6:00	Open <u>Rink C</u> A B B* C	6/24	7/8	7/15	7/22	6/26	7/10	7/17	7/24	\$17	x		=	\$
		7/29	8/5	8/12	8/19	7/31	8/7	8/14	8/21					

Monday & Wednesday total ice: \$ _____

NSFSC SUMMER 2019 (June 24 - August 23)

Skater's Name: _____ Level: **A B B* C S**

Each Session \$1 more after June 1 to contract. Walk on price \$3 more than listed price. *Updated 5/9/19

*See separate page for "C" skater package

Tuesday & Thursday Ice Schedule		Tuesday (circle)				Thursday (circle)				Cost		#		Total
8:00 - 8:45	Open A B B* C S	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$15	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/22						
8:45 - 9:30	Open A B B* C ***	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$15	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/22						
9:40 - 10:00	Moves***	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$7	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/22						
9:40 - 10:00	Boot Camp C	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$10	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/22						
10:00 - 10:50	Freestyle HOME CLUB A B	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$16	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/22						
11:00 - 11:50	Open A B B*	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$16	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/22						
11:30 - 12:20	Open <u>Rink C</u> C S ***	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$16	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/22						
12:00 - 12:50	Open A B B*	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$16	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/15	8/22					
12:20 - 12:50	Power <u>Rink C</u>	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$10	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/22						
12:50 - 1:40	Small Group Training A B B* / C	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$25	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/15	8/22					
1:50 - 2:40	Open A B B* S	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$16	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/15	8/22					
2:50 - 3:50	Open A B B* C	6/25	7/9	7/16	7/23	6/27	7/11	7/18	7/25	\$17	x		=	\$
		7/30	8/6	8/13	8/20	8/1	8/8	8/15	8/22					

Tuesday & Thursday total ice: \$ _____

Friday Ice Schedule		Friday (circle)					Session price		#		Total
8:00 - 8:45	Open A B B* C S	7/12	8/2	8/9	8/16	8/23	\$15	x		=	\$
8:45 - 9:30	Open A B B* C	7/12	8/2	8/9	8/16	8/23	\$15	x		=	\$
9:40 - 10:40	Open A B B* C	7/12	8/2	8/9	8/16	8/23	\$17	x		=	\$
10:40 - 11:40	Open A B B* C	7/12	8/2	8/9	8/16	8/23	\$17	x		=	\$

Friday total ice: \$ _____

NSFSC SUMMER 2019 (June 24 - August 23)

Skater's Name: _____ Level: **A B B* C S**

Each Session \$1 more after June 1 to contract. Walk on price \$3 more than listed price. *Updated 5/9/19

Monday & Wednesday Off – Ice Schedule		Monday (circle)	Wednesday (circle)	Cost	#	Total
8:45-9:30	AB	6/24 7/8 7/15 7/22 7/29 8/5 8/12 8/19	6/26 7/10 7/17 7/24 7/31 8/7 8/14 8/21	\$13	x	= \$
10:10-11:00	B* C	6/24 7/8 7/15 7/22 7/29 8/5 8/12 8/19	6/26 7/10 7/17 7/24 7/31 8/7 8/14 8/21	\$13	x	= \$
2:00-2:40	A B B* C	6/24 7/8 7/15 7/22 7/29 8/5 8/12 8/19	6/26 7/10 7/17 7/24 7/31 8/7 8/14 8/21	\$13	x	= \$

Tuesday & Thursday Off – Ice Schedule		Tuesday (circle)	Thursday (circle)	Cost	#	Total
10:10-11:00	B* C	6/25 7/9 7/16 7/23 7/30 8/6 8/13 8/20	6/27 7/11 7/18 7/25 8/1 8/8 8/22	\$13	x	= \$
1:50-2:40	A B B* C	6/25 7/9 7/16 7/23 7/30 8/6 8/13 8/20	6/27 7/11 7/18 7/25 8/1 8/8 8/22	\$13	x	= \$
1:50-2:35	Peak Fitness Ages 13-18 A B B*	6/25 7/9 7/16 7/23 7/30 8/6 8/13 8/20	6/27 7/11 7/18 7/25 8/1 8/8 8/22	\$22	x	= \$
2:50-3:35	Peak Fitness Ages 9-13 A B B*	6/25 7/9 7/16 7/23 7/30 8/6 8/13 8/20	6/27 7/11 7/18 7/25 8/1 8/8 8/22	\$22	x	= \$

*Must contact a minimum of 4 Peak classes on the same week day

Off-ice total: \$ _____

Name: _____

Level: **A B B* C S**

Email address: _____

Coach's signature: _____

M & W Total: \$ _____ T & Th Total: \$ _____

Fri. Total: \$ _____ Off-Ice Total: \$ _____

Total Contracted \$: _____

Discount (if applicable) \$: _____

Total Owed \$: _____

Less 50% deposit (due with this form): _____

Credit/Cash/check #: _____

Balance due 1st day of Summer Skate \$: _____

**Forms will be accepted May 15 – June 1.
Add \$1 to each session after June 1.**

*Package will not be accepted without active USFS Membership,
signed Release of Liability, and coach's signature.*

Elite training discount

10% Discount applicable if:

- Contract totals \$995 or more
- Contracting 10+ off-ice classes
- Contracting 10+ Small Group Training classes

*Must fulfill all requirements to receive discount

See separate page for "C" skater package

***** KEEP THIS FOR YOUR RECORDS *****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:00-8:45 Open A B B* C S		8:00-8:45 Open A B B* C S	8:00-8:45 Open A B B* C S
	8:45 – 9:30 Open A B B* C ***		8:45 – 9:30 Open A B B* C ***	8:45 – 9:30 Open A B B* C
9:40 – 10:00 Moves*** Boot Camp - C	9:40 – 10:00 Moves*** Boot Camp - C	9:40 – 10:00 Moves*** Boot Camp - C	9:40 – 10:00 Moves*** Boot Camp - C	9:40-10:40 Open A B B* C
10:00 – 10:50 Freestyle HOME CLUB A B	10:00 – 10:50 Freestyle HOME CLUB A B	10:00 – 10:50 Freestyle HOME CLUB A B	10:00 – 10:50 Freestyle HOME CLUB A B	10:40-11:40 Open A B B* C
11:00-11:50 Open A B B*	11:00-11:50 Open A B B*	11:00-11:50 Open A B B*	11:00-11:50 Open A B B*	
11:30-12:20 Open <u>Rink C</u> C S ***	11:30-12:20 Open <u>Rink C</u> C S ***	11:30-12:20 Open <u>Rink C</u> C S ***	11:30-12:20 Open <u>Rink C</u> C S ***	
12:00 – 12:50 Open A B B*	12:00 – 12:50 Open A B B*	12:00 – 12:50 Open A B B*	12:00 – 12:50 Open A B B*	
12:20 – 12:50 Power <u>Rink C</u>	12:20 – 12:50 Power <u>Rink C</u>	12:20 – 12:50 Power <u>Rink C</u>	12:20 – 12:50 Power <u>Rink C</u>	
12:50-1:40 Small Group Training A B B* / C	12:50-1:40 Small Group Training A B B* / C	1:00-1:50 Small Group Training A B B* / C	12:50-1:40 Small Group Training A B B* / C	
1:50-2:40 Open A B S B*	1:50-2:40 Open A B S B*	1:50-2:40 Open A B S B*	1:50-2:40 Open A B S B*	
2:50-3:40 Open A B B* C ***	2:50-3:50 Open A B B* C	2:50-3:40 Open A B B* C ***	2:50-3:50 Open A B B* C	
3:50-4:40 Freestyle A B B* C		3:50-4:40 Freestyle A B B* C		
4:40 – 5:00 Boot Camp		4:40 – 5:00 Boot Camp		
4:40 – 5:00 Moves <u>Rink C</u>		4:40 – 5:00 Moves <u>Rink C</u>		
5:00- 6:00 Open <u>Rink C</u> A B B* C		5:00- 6:00 Open <u>Rink C</u> A B B* C		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8:45-9:30 AB Off Ice	10:10-11:00 B* C Off Ice	8:45-9:30 AB Off Ice	10:10-11:00 B* C Off Ice
10:10-11:00 B* C Off Ice	1:50-2:40 A B B* C Off Ice	10:10-11:00 B* C Off Ice	1:50-2:40 A B B* C Off Ice
2:00-2:40 A B B* C Off Ice	1:50 – 2:35 Peak Fitness Ages 13-18 A B B*	2:00-2:40 A B B* C Off Ice	1:50 – 2:35 Peak Fitness Ages 13-18 A B B*
	2:50 – 3:35 Peak Fitness Ages 9-13 A B B*		2:50 – 3:35 Peak Fitness Ages 9-13 A B B*