



Stick Time Policies

Participants (the players) assume all risks and danger of personal injury arising from or related in any way to admission to the NorthStar Ice Sports Facility including specifically (but not exclusively) the danger of being injured by ice skates, hockey pucks and sticks, other spectators or ice skaters, or by thrown objects. The participant agrees that the NorthStar Ice Sports, Northborough Youth Hockey Program, Inc., and its employees are expressly released by the participant for claims arising from such causes. The participant further agrees to abide by the policies of the NorthStar Ice Sports and the instructions of its employees. By signing the sign in sheet the participant consents to the use of his/her image, without payment of consideration, in any advertising or promotional publicity for the NorthStar Ice Sports and its affiliated programs.

- Players must sign in, read the waiver and following policies, and pay prior to getting on the ice
- Helmet required (full cage if under 18)
- Full equipment required for afternoon stick time, encouraged for mid-day stick time
- There is an assumption that a pick-up game may occur
- There is an assumption that this is a shinny/pond hockey environment and that players will change up accordingly
- No body checking, fighting, general horseplay, etc. allowed
- No paid coaching/lessons allowed
- NorthStar Ice Sports reserves the right to decide what activity goes on (game, no game, two cross ice games, etc.)
- NorthStar Ice Sports reserves the right to put out a supervisor and players will abide by his/hers rules
- NorthStar Ice Sports reserves the right to remove a player for violation of rules (with no refund)