

NSFSC Summer Skate '19

June 24, 2019 - August 23, 2019

Non-home club members and guest skaters welcome!

B5-Preliminary Skating Clinic

Submit this form May 15 - June 1

*****North Star FSC will be closed June 28 – July 7*****

IMPORTANT:

- Coach's signature required as verification of levels/sessions.
- 4 Skater minimum needed to hold all classes including small group training.
- NSFSC is not responsible for incorrect forms.

Rink C Office Hours

Monday:	8:45 am - 6:00 pm
Tuesday:	7:45 am - 4:00 pm
Wednesday:	7:45 am - 7:00 pm
Thursday:	7:45 am - 4:00 pm
Friday:	7:45 am - 12:00 pm

15 Bridle Lane Westborough, MA 01581
(508)366-1562

www.northstarfsc.com

*UPDATED 5/9/19

North Star FSC Summer 2019

Clinic Schedule: B5-Preliminary

Skaters must be able to tie their own skates

Monday & Wednesday:

9:00-9:30	Drop off
*Please sign in at Rink C office	
9:40-10:00	Boot Camp On Ice Class Rink A
10:10-11:00	Off Ice Class Ballet Room
11:00-11:20	Snack
11:30-12:20	Practice/Private lesson Rink C
12:20-12:50	Lunch
12:50 – 1:40**	2 Small Group Training On Ice Classes
2:00-2:40	Off Ice Class Ballet Room
2:50-3:40	Practice/Private lesson* Rink A
3:50-4:40	Practice/Private lesson* Rink A
5:00-5:30	Pick up (office closes)

*Choose 1 - 2:50 or 3:50 session

** Wednesday time change: 1:00 – 1:50 Small Group Training

Tuesday & Thursday:

8:15-9:00	Drop off
9:05-9:30	Practice/Private lesson
9:40-10:00	Boot Camp On Ice Class Rink A
10:10-11:00	Off Ice Class Ballet Room
11:00-11:20	Snack
11:30-12:20	Practice/Private lesson Rink C
12:20-12:50	Lunch
12:50-1:40	2 Small Group Training On Ice Classes
1:50-2:40	Off Ice Class Ballet Room
2:50-3:40	Practice/Private lesson Rink A
3:45-4:00	Pick up (office closes)

Private Lessons (mandatory):

- 1 private lesson **must be** scheduled each day, more recommended. This is done separately with your coach during practice time.
- Private lesson fee paid directly to coach. NOT included in the price of the clinic.

Skaters are responsible for:

- Following clinic schedule
- Tying skates
- Following ice safety policies

Checklist:

- Skates!
- Proper skating clothes
- Sneakers
- Extra gloves
- Water
- Lunch and snacks

NON- HOME AND GUEST CLUB MEMBERS WELCOME!!!

*UPDATED 5/9/19

NSFSC 2019 Clinic Registration

Please return between May 15 - June 1 *UPDATED 5/8/19

Name _____ Age _____ DOB _____ M/F

Address _____ City _____ State _____ Zip _____

Phone # _____ Cell # _____

E-mail address** _____

Name of Medical Insurance Carrier _____

Policy Group Number _____ Subscriber _____

Physician's Address _____ Physicians Phone # _____

Please list any medical conditions _____

Please list any food allergies or medications your skater has with them _____

** Required Field- North Star FSC regularly communicates through e-mail. Required to receive updates, cancellations etc.

Home Club: _____ USFS#: _____

Primary Coach: _____

Last Test Passed: Freestyle: _____ Moves: _____

NSFSC 2019 Clinic Registration *UPDATED 5/9/19

Name: _____ Coach's signature: _____

Please circle dates or weeks you wish to contract ice:

Day of the week & rate		Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Monday	\$75	6/24	7/8	7/15	7/22	7/29	8/5	8/12	8/19
Tuesday	\$85	6/25	7/9	7/16	7/23	7/30	8/6	8/13	8/20
Wednesday	\$75	6/26	7/10	7/17	7/24	7/31	8/7	8/14	8/21
Thursday	\$85	6/27	7/11	7/18	7/25	8/1	8/8	x	8/22

Day of the week	# Contracted		Rate		Total
Mondays		X	\$75	=	
Tuesdays		X	\$85	=	
Wednesdays		X	\$75	=	
Thursdays		X	\$85	=	

Notes:

- Sibling discount: take 5% off of the second skater
- Add \$10 per day if booked after 6/1/19

Total Contracted \$: _____

Discount (if applicable) \$: _____

Total Owed \$: _____

Less 50% deposit (due with this form): _____

Credit/Cash/check #: _____

Balance due 1st day of Summer Skate \$: _____

***Forms will be accepted
May 15 – June 1***

Package will not be accepted without active USFS Membership, signed Release of Liability, and coach's signature.