

NSFSC Summer Skate '19

June 24, 2019 - August 23, 2019

Non-home club members and guest skaters welcome!

B5-Preliminary Skating Clinic

Submit this form May 15 - June 1

*****North Star FSC will be closed June 28 – July 7*****

Walk-on Ice may be available July 1 and 2

IMPORTANT:

- Coach's signature required as verification of levels/sessions.
- 4 Skater minimum needed to hold all classes including small group training.
- NSFSC is not responsible for incorrect forms.

Rink C Office Hours

Monday:	8:45 am - 6:00 pm
Tuesday:	7:30 am - 4:00 pm
Wednesday:	8:45 am - 7:00 pm
Thursday:	7:30 am - 4:00 pm
Friday:	7:30 am - 12:00 pm

15 Bridle Lane Westborough, MA 01581
(508)366-1562

www.northstarfsc.com

North Star FSC Summer 2019

Clinic Schedule: B5-Preliminary

Skaters must be able to tie their own skates

Monday & Wednesday:

9:00-9:45	Drop off
10:00-10:50	Off Ice Class
10:50-11:15	Off Ice Classroom
11:30-11:55	Practice/Private lesson
11:55-12:20	On Ice Class
12:20-1:00	Lunch
1:15-1:40	Small Group Training On Ice Class
1:50-2:40	Off Ice Class
2:40-3:00	Snack
3:15-3:40	On Ice Class
3:50-4:40	Practice/Private lesson
4:40-5:00	Boot Camp On Ice Class
5:00-5:30	Pick up (office closes)

Tuesday & Thursday:

8:00-8:30	Drop off
8:40-9:05	On Ice Class
9:05-9:30	Practice/Private lesson
9:40-10:00	Boot Camp On Ice Class
10:10-11:00	Off Ice Class
11:00-11:20	Snack
11:30-11:55	Practice/Private lesson
11:55-12:20	On Ice Class
12:20-1:00	Lunch
1:15-1:40	Small Group Training On Ice Class
1:50-2:40	Off Ice Class
2:50-3:15	Practice/Private lesson
3:25-3:50	Off Ice Classroom
3:50-4:00	Pick up (office closes)

Private Lessons (mandatory):

- 1 private lesson **must be** scheduled each day, more recommended. This is done separately with your coach during practice time.
- Private lesson fee paid directly to coach. NOT included in the price of the clinic.

Skaters are responsible for:

- Following clinic schedule
- Tying skates
- Following ice safety policies

Checklist:

- Skates!
- Proper skating clothes
- Sneakers
- Extra gloves
- Water
- Lunch and snacks

NON- HOME AND GUEST CLUB MEMBERS WELCOME!!!

NSFSC 2019 Clinic Registration

Please return between May 15 - June 1

Name _____ Age _____ DOB _____ M/F

Address _____ City _____ State _____ Zip _____

Phone # _____ Cell # _____

E-mail address** _____

Name of Medical Insurance Carrier _____

Policy Group Number _____ Subscriber _____

Physician's Address _____ Physicians Phone # _____

Please list any medical conditions _____

Please list any food allergies or medications your skater has with them _____

** Required Field- North Star FSC regularly communicates through e-mail. Required to receive updates, cancellations etc.

Home Club: _____ USFS#: _____

Primary Coach: _____

Last Test Passed: Freestyle: _____ Moves: _ _____

NSFSC 2019 Clinic Registration

Name: _____ Coach's signature: _____

Please circle dates or weeks you wish to contract ice:

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Monday	6/24	7/8	7/15	7/22	7/29	8/5	8/12	8/19
Tuesday	6/25	7/9	7/16	7/23	7/30	8/6	8/13	8/20
Wednesday	6/26	7/10	7/17	7/24	7/31	8/7	8/14	8/21
Thursday	6/27	7/11	7/18	7/25	8/1	8/8	*** Subtract \$90	8/22

Clinic daily rate: \$100.00

(Add \$10 per day if booked after 6/1/19)

Number of individual days contracted	Applicable discount
15 Or more days	5%

Number of weeks contracted	10% Discount on/before 6/1	5% Discount after 6/1
2 Weeks	\$720	\$760
3 Weeks	\$1080	\$1140
4 Weeks	\$1440	\$1520
5 Weeks	\$1800	\$1900
6 – 8 Weeks	\$1995	\$1995



Discount notes:

- Daily rate applies if skating less than 2 full weeks
- Contracted weeks may not be broken down into days
- Sibling discount: take 5% off of the second skater

Total Contracted \$: _____

Discount (if applicable) \$: _____

Total Owed \$: _____

Less 50% deposit (due with this form): _____

Credit/Cash/check #: _____

Balance due 1st day of Summer Skate \$: _____

Forms will be accepted May 15 – June 1

Package will not be accepted without active USFS Membership, signed Release of Liability, and coach's signature.