

NSFSC SUMMER 2019 (June 24 - August 23)

"C" Skater Package (Silver, Gold, and Platinum)

Name: _____ Preferred contact: (list email or phone #) _____

Coaches: _____ Level: (circle) Silver Gold Platinum

Small Group Training Description (SGT):

Small Group Training (SGT) is designed to give skaters specialized instruction in areas such as skating skills, figures, moves in the field, spins, and jump exercises. These classes focus on building a strong skating foundation in a positive, competitive, supportive environment.

Sample Classes: Each day includes two 25 minute classes.

- Learning Step Sequences – Danielle David
- Stroking, Edges, Posture and Presentation - Denise Marco
- Learning to Land - Lisa Sussman
- Music Interpretation - Barbara Kossowska

Package 1 *PREMIUM PACKAGE* **\$60/day** (\$80 value) circle days

11:30 – 12:20 Open (practice/private)	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
12:20 – 12:50 Power on ice class	6/24 7/8 7/15	6/25 7/9 7/16	6/26 7/10 7/17	6/27 7/11 7/18
12:50 – 1:40 2 Small Group Training on ice classes	7/22 7/29 8/5	7/23 7/30 8/6	7/24 7/31 8/7	7/25 8/1 8/8
1:50 – 2:40 Off – ice class	8/12 8/19	8/13 8/20	8/14 8/21	8/15 8/22
2:50 – 3:40 Open (practice/private)				

of days selected _____ x \$60 per day = Total: _____

Package 2 **\$55/day** (\$64 value) circle days

11:30 – 12:20 Open (practice/private)	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
12:20 – 12:50 Power on ice class	6/24 7/8 7/15	6/25 7/9 7/16	6/26 7/10 7/17	6/27 7/11 7/18
12:50 – 1:40 2 Small Group Training on ice classes	7/22 7/29 8/5	7/23 7/30 8/6	7/24 7/31 8/7	7/25 8/1 8/8
1:50 – 2:40 Off – ice class	8/12 8/19	8/13 8/20	8/14 8/21	8/15 8/22

of days selected _____ x \$55 per day = Total: _____

Package 3 **\$45/day** (\$54 value) circle days

12:50 – 1:40 2 Small Group Training on ice classes	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
1:50 – 2:40 Off – ice class	6/24 7/8 7/15	6/25 7/9 7/16	6/26 7/10 7/17	6/27 7/11 7/18
2:50 – 3:40 Open (practice/private)	7/22 7/29 8/5	7/23 7/30 8/6	7/24 7/31 8/7	7/25 8/1 8/8
	8/12 8/19	8/13 8/20	8/14 8/21	8/15 8/22

of days selected _____ x \$45 per day = Total: _____

Total Contracted \$: _____ Less 50% deposit (due with this form): _____

Credit/Cash/check #: _____ Balance due 1st day of Summer Skate \$: _____